



**DAYLIGHT SAVING TIME
BEGINS AT 2 A.M. MARCH 11
TURN YOUR CLOCK ONE HOUR AHEAD**

A PUBLICATION OF THE 502nd AIR BASE WING — JOINT BASE SAN ANTONIO — FORT SAM HOUSTON

Community celebrates 102nd anniversary of military flight

By Steve Elliott
JBSA-Fort Sam Houston News Leader

The legacy of aviation pioneer Maj. Gen. Benjamin D. Foulois was remembered with a wreath-laying ceremony March 2, just a few hundred feet from where the man who helped usher in the dawn of military flight made his historic journey 102 years ago.

Foulois, an Army lieutenant at the time, piloted the first military airplane, Signal Corps Aircraft Number One, into the air over the Fort Sam Houston parade fields at 9:30 a.m. March 2, 1910.

Signal Corps Aircraft Number One was a 30-horsepower two-propeller pusher-type biplane made by Orville and Wilbur Wright for the Army Signal Corps. Its wingspan was 36 feet 5 inches and its length was 30 feet 8 inches.

Each year, the Stinsons Flight No. 2 Order of Daedalians and the Jack Dibrell/Alamo Chapter of the Army Aviation Association of America hold a wreath-laying ceremony at the Joint Base San Antonio-Fort Sam Houston flagpole.

At that spot, there is a marker commemorating that time in history when

Foulois, who taught himself to fly via correspondence with the Wright Brothers, slipped the surly bonds of Earth and piloted the fragile aircraft a total of 7.5 minutes.

The flight ended at 9:37 a.m., with Foulois attaining the height of 200 feet and circling the area at a speed of 30 mph. This was the first flight in the first government owned airplane by the first military trained pilot.

He made three other flights that day in the Type A Wright Flyer.

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Photo by Steve Elliott

(From left) Col. Rick Adams, 36th Combat Aviation Battalion commander; retired Col. Daniel W. Gower, executive director of the Dustoff Association; and retired Col. Dan Myers, vice flight captain, The Stinsons Flight No. 2, place a commemorative wreath at the marker at the Joint Base San Antonio-Fort Sam Houston Flagpole, commemorating aviation pioneer Maj. Gen. Benjamin D. Foulois' historic flight March 2, 1910. Adams is also president of the Jack Dibrell/Alamo Chapter of the Army Aviation Association of America.



Photo by Randy Mitchell

Jon Smidt, U.S. Northern Command senior exercise planner, addresses a group of military planners in Colorado Springs, Colo., to develop the final tactics for Ardent Sentry 2012 hurricane exercise. U.S. Army North's Task Force 51 will conduct the exercise May 2-9 at Naval Air Station Corpus Christi.

Army North prepares for an active hurricane season

By Randy Mitchell
ARNORTH Public Affairs

U.S. Army North is gearing up for hurricane season by preparing for a large-scale hurricane exercise at Naval Air Station Corpus Christi, Texas.

Military and federal exercise planners gathered in Colorado Springs, Colo., recently for a final planning conference to put

the finishing touches on a hurricane scenario scheduled to take place May 2-9 as one event in a series of exercises known Ardent Sentry 2012.

The exercise will test the capabilities of Task Force 51, a 75-person unit assigned to U.S. Army North. The unit is designed to command and control military forces providing defense support of civil

authorities during a catastrophic disaster.

"Task Force 51 continually looks for opportunities to prepare for the worst-case scenarios," said Maj. Chris Campbell, TF-51 operations officer.

"Ardent Sentry 2012, and more specifically the hurricane scenario, provides us the ability to gauge our

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Editorial Staff

502nd Air Base Wing Commander
Brig. Gen. Theresa C. Carter

Public Affairs Officer
Karla L. Gonzalez

Editor
Steve Elliott

Associate Editor
L. A. Shively

Writer/Editor
Lori Newman

Layout Artist
Joe Funtanilla

News Leader office:
 2330 Stanley Road
 Building 122, Suite C
 Fort Sam Houston
 Texas 78234-5004
 210-221-1031
 DSN 471-1031

News Leader Advertisements:
 Prime Time
 Military Newspapers
 Ave E at Third Street
 San Antonio, Texas 78205
 (210) 250-2519
 (fax) 250-2570

News Leader email:
 usaf.jbsa.502-abw.mbx.
 fsh-news-leader@mail.mil

News Leader online:
 www.samhouston.army.mil/PAO

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Army raising awareness about brain injuries

By Shannon Carabaja
 Army Medical Command
 Public Affairs

According to the Centers for Disease Control and Prevention, nearly 1.7 million people suffer a traumatic brain injury, or TBI, each year.

Of those, 52,000 people die. TBI is also a contributing factor to a third of all injury-related deaths in the U.S.

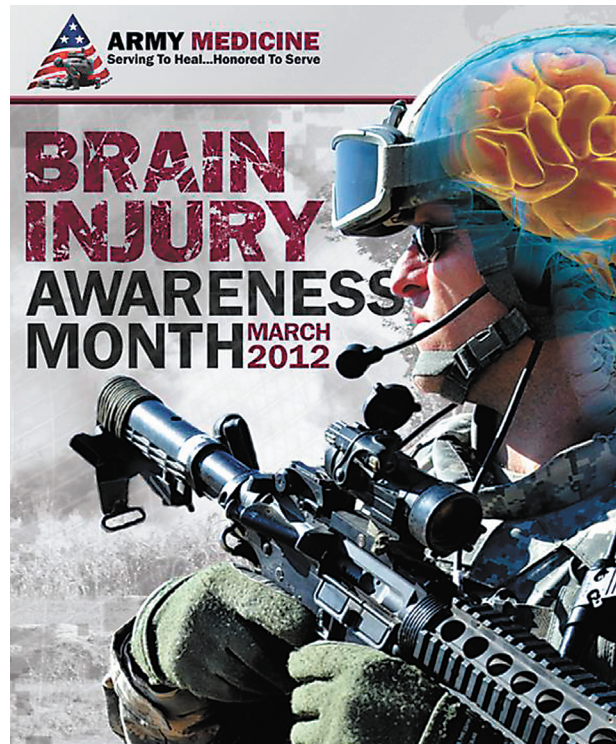
During March, in recognition of Brain Injury Awareness Month, the Army is taking steps to increase awareness about brain injuries, including prevention, diagnosis, and treatment, while reducing the stigma for persons who seek care.

TBI is a disruption of function in the brain caused by an external force. The severity can range from mild, also known as concussion, to severe involving an extended period of unconsciousness or amnesia.

"Traumatic brain injuries result from an external force such as blow or jolt to the head," said Maj. Sarah Goldman, TBI program director for the Office of the Surgeon General.

"Concussions can occur in combat operations (such as during a blast event), in sports (particularly contact sports such as football, soccer, or martial arts), during recreational activities (such as skiing or biking accidents), and in vehicle collisions that have sufficient acceleration/deceleration movement," Goldman added.

TBI can also be caused



by a penetrating injury to the brain from a bullet or other object.

Goldman said concussions are common injuries that occur in many settings including combat operations, contact sports, recreational activities, and vehicle collisions.

Because they are not as obvious as other physical injuries, leaders, medics, physicians, and even those injured may mistakenly overlook or underestimate the effects of concussions.

Symptoms of concussion can include confusion, headaches, dizziness, ringing in the ears or nausea.

These symptoms usually resolve within hours or a few days. Some people do have more persistent symptoms, which can include trouble sleeping, irritability or visual

a second head injury before the brain can recover. Soldiers should be taken out of the fight and athletes should be removed from the field to prevent repeated injury and promote healing," Goldman said.

Col. Nikki Butler, director of the Rehabilitation and Reintegration Division at the Office of the Surgeon General, said TBI awareness is especially important for military personnel who, due to the nature of their work duties and lifestyle, are at a higher risk for TBI than the average citizen.

Since 2000, the Defense and Veterans Brain Injury Center has counted 229,106 cases of TBI among U.S. military personnel worldwide. Of those cases, 76.7 percent were determined to be mild, 16.7 percent were

moderate, 1 percent were severe, and 1.6 percent were penetrating.

"Soldiers and leaders need to understand the subtle effects of concussion, because the Soldier often has very subtle or no outward signs of injury. Battle buddies need to be aware of any changes following a head injury and encourage Soldiers to seek medical attention as soon as possible after the injury, no matter how mild it may seem," Butler said.

Butler encourages Soldiers and their families to be proactive in preventing TBI by using protective equipment for sports and avoiding high-risk behaviors such as aggressive driving. She also said early identification and treatment is critical.

Brain injuries should be identified and treated as quickly as possible, Butler

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**Coming to a Joint Base San Antonio
 location near YOU!
 LEADERCAST May 4, 2012**

News Briefs

Binz Engleman Traffic Diversion, Gate Closing

The City of San Antonio Bridge project at Binz Engleman Road will be diverting incoming traffic onto new pavement north of the existing pavement beginning March 18, according to 502nd Civil Engineer Squadron officials. On March 9, a message board will be in place at the intersection of I-35 and Binz Engleman Road, alerting personnel of a gate closure March 17. Between March 10 and 16, there will be road asphalt placement for the new road. Low-profile barriers will be placed once the asphalt can support it. All of these activities are to the north side of Binz Engleman. Traffic will only briefly be interrupted when trucks are entering and exiting the roadway. Flagmen will be present to ensure safety. On March 17, the gate will be closed in both directions. City contractors will set up barricades to block traffic in both directions; barrels will be used if needed. Gate will open up upon completion of all activities. For more information, call 221-5283.

Vietnam Wall Memorial In San Antonio March 10

The Traveling Vietnam Wall Memorial will be at DeVry University, 618 NW Loop 410 from 11 a.m. to 3 p.m. March 10. An arrival ceremony will feature a presentation of the Colors, a performance of the National Anthem, unveiling of the wall by Congressman Joaquin Castro and an opportunity for attendees to view brief biographies of the veterans listed on the wall. Unveiling of the wall is at 11 a.m., with the presentation of Colors at 11:30 a.m. Exhibit and parking are free. For more information, call 524-5403.

Legal Office Closure

The 502nd Mission Support Group Legal Office at 2271 Reynolds Road will be close from 10 a.m. to 1:30 p.m. March 16 for an official function. Normal operating hours resume at 1:30 p.m. For emergencies, please call the Command Post at 295-8817.

Start a career with CID

The U.S. Army Criminal Investigation Command needs qualified active duty Soldiers to become Special Agents. Contact the Fort Sam Houston

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Army North 'CIMET' heading to Fort Sam Houston

By Maj. Stephen Short
ARNORTH Public Affairs

Army North is on the verge of taking its command information efforts to a new level, or perhaps it would be more appropriate to say a super-modified, 53-foot-long trailer effort, as the unit prepares to receive one of its newer pieces of equipment.

The revamped trailer, known as the Command Information Mobile Exhibition Trailer, is equipped with high-tech audio video equipment capable of displaying informative videos, sound effects and video game-like interactive learning at the touch of a button.

In an effort to assist in telling the Army North story and inform a variety of internal and external audiences, Army North's public affairs office is working with a custom trailer manufacturing site in Walled Lake, Mich., to develop and

build the CIMET as a vehicle designed to catch an audience's attention on the outside and then draw them to learning more about the unit and its unique mission on the inside.

"It is user-friendly for all viewers, incorporating sound and motion that will set the stage for the public and enhances their senses," said Dwayne Hall, a project manager.

"The flexibility of the system can adapt to different scenarios in just a couple of hours by developing packages to meet the desire effect."

The exterior of the trailer is designed to catch the eye of any passersby through the use of graphics that display the Army's black with gold colors, along with an in-house artist rendition of the Army North emblem embedded in the

See CIMET, P9



Photo by Maj. Stephen Short

A graphics application specialist makes final touches on the Army North's Command Information Mobile Exhibition Trailer at a custom trailer manufacturing site Feb. 22. Army North is developing the CIMET as a vehicle designed to catch an audience's attention on the outside and then draw them to learning more about the unit and its unique mission on the inside.

Financial Boot Camp: planning ahead for your future

By Sgt. Tamika Exom
ARSOUTH Public Affairs

"I'm living so far beyond my income that we may almost be said to be living apart."

The famous quote from E.E. Cummings isn't far off the mark in describing a large number of people today.

"The day to start working for retirement is the day you enter service," said Joe Silvas, a Fort Sam Houston retirement services officer. "You don't know what the future holds, whether you'll have three years or 30 years to save."

This is what Silvas wanted Soldiers to take with them from the Army retirement portion of the Financial Boot Camp held Feb. 21 and 27, at Dodd Field Chapel on Joint Base San Antonio-Fort Sam Houston.

Sponsored by the Warfighter and Family Readiness Program, Financial Boot Camp is



Photo by Sgt. Tamika Exom

Nadia Linares, banking services representative, Broadway Bank, explains budgeting, interest and credit monitoring during a Financial Boot Camp class at Dodd Field Chapel Feb. 24.

a basic budgeting and financial planning class designed to inform Soldiers of how to get control of their finances and give them a foundation to

begin to plan for their financial future. The training was an eye-opening experience for many in attendance.

"I've never been grocery

shopping on a budget in my life," said Spc. Latosha Anderson, a systems analyst for

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News Briefs

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CID Office at 221-1764 to set up an interview to determine if you meet the minimum requirements, or stop by 2164 Wilson Way, Building 268 during duty hours. The CID agents will provide assistance in guiding the applicant through the application process. Information could also be found at the Army CID website at <http://www.cid.army.mil>.

Nominations open for AUSA Volunteer Family of Year

The Association of the U.S. Army's Volunteer Family of the Year award recognizes an exceptional Army family whose dedicated volunteer service significantly contributes to improving Army well-being and the well-being of the local community. It is open to families from active duty, National Guard, Reserves, retirees and Army civilians. Nominations for the award must be submitted only through AUSA chapters. For chapter information, click on <http://www.ausa.org/about/chapters/Pages/ChapterLocator.aspx>.

Deadline for submissions is May 1. For more information, call the Alamo Chapter of the AUSA at (818)516-3442

CPAC doesn't require out processing

Effective immediately, the Fort Sam Houston Civilian Personnel Advisory Center no longer requires civilian employees to out process through their office. The employing organization has the sole responsibility of ensuring that employees properly clear and out process from their assigned organizations. For more information, call 221-9638.

Civilian Record Brief snapshot of personnel data

The Civilian Record Brief is a one-page snapshot of an employee's official personnel data. To access your CRB, click on the Army Civilian Personnel On-Line Portal page at <http://acpol.army.mil/>. For more information and to view a sample CRB along with the CRB Quick Guide, visit the Fort Sam Houston Civilian Personnel Advisory Center website at <http://www.samhouston.army.mil/cpac/>.

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IMCOM welcomes new command sergeant major

By Evan Dyson
IMCOM Public Affairs

Command Sgt. Maj. Earl Rice will join the U.S. Army Installation Management Command as the highest-ranking noncommissioned officer March 9 in a ceremony at Joint Base San Antonio-Fort Sam Houston.

Rice has served the Army since 1981, most recently as command sergeant major for XVIII Airborne Corps and Fort Bragg.

Rice will be assuming responsibility for Command Sgt. Maj. Donald Felt, who has served as the IMCOM CSM since November 2011. Felt will continue to serve as command sergeant major for the IMCOM Central region.

As Rice joins the IMCOM command group, he reunites with famil-

iar faces. As command sergeant major for the Maneuver Center of Excellence and Fort Benning, Rice served under the leadership of Lt. Gen. Mike Ferriter, now the commanding general of IMCOM.

"It's truly awesome," Rice said. "I know without a doubt we have an awe-inspiring leader who everything that he does is thinking about our Soldiers, our Families and our Army mission. He lives it every day 24/7."

Throughout his career, Rice has held numerous command sergeant major positions, including XVIII Airborne Corps and Fort Bragg; Maneuver Center of Excellence and Fort Benning; and the U.S. Army Infantry Center and Fort Benning.

In 1991, he was selected as the 82nd

Airborne Division and the XVIII Airborne Corps Noncommissioned Officer of the Year.

"Number one," Rice said, "I'm a Soldier and I'm proud to be a Soldier. I give it my best every single day."

Drawing from those experiences, Rice plans to maintain a strong connection with garrison leadership while working to standardize services to Soldiers and Families.

"I know what's made us successful at these places that I've been," he said. "It's wrapping our arms around our garrison teams and understanding their focus and how engaged they are with the mission ... It's one of those things where you've got to be there and you've got to provide the support."

"[Looking ahead, it's about] keeping our team focused on mak-



U.S. Army photo

Lt. Gen. Michael Ferriter, commander of the U.S. Army Installation Management Command, poses with Command Sgt. Maj. Earl Rice at the Army Family Action Plan conference in Arlington, Va., Feb. 27. Rice becomes IMCOM command sergeant major March 9.

ing sure that we're doing the right thing by our Soldiers and Family programs," Rice said. "And [that] we have the right assistance on the

home front that allows our Soldiers to give their all."

"We can't forget why we come to work every day," Rice said.

502nd ABW welcomes new command chief

By Airman 1st Class
Christina Coulson
JBSA-Lackland Public Affairs

The 502nd Air Base Wing welcomes a new command chief master sergeant later this month.

Chief Master Sgt. Jose A. LugoSantiago, joins Joint Base San Antonio after serving as command chief master sergeant for the 628th Air Base Wing, Joint Base Charleston, S.C.

LugoSantiago succeeds Chief Master Sgt. Juan C. Lewis, who retires March 16,

culminating 28 years of military service.

In his new position, LugoSantiago will be primary advisor to 502nd ABW commander Brig. Gen. Theresa C. Carter on all matters affecting the quality, welfare, morale, management and leadership of assigned enlisted military members.

JBSA provides installation support functions to its three primary military installations – Fort Sam Houston, Randolph Air Force Base and Lackland AFB.

The 502nd ABW employs about 8,000 people to support more than 80,000 military and civilian employees in the local area, making it the largest single installation support enterprise in the Department of Defense.

LugoSantiago entered the Air Force in 1990.

His diverse background includes service in three career fields: precision measurement equipment laboratory, professional military education, and as an Air Force basic military training instructor.

He served in various assignments both state-side and overseas.

Prior to his assignment in Charleston, the chief served as squadron superintendent for the 86th Maintenance Squadron, Ramstein Air Base, Germany, where he was responsible for orchestrating maintenance to sustain flying operations of C-130Js, as well as providing oversight for the Air Force's largest precision, measurement, test equipment centralized repair facility.



Air Force photo

Chief Master Sgt.
Jose A. LugoSantiago

470TH MI BRIGADE CELEBRATES BLACK HISTORY MONTH



Photo by Gregory Ripps

Dr. Granville Coggs speaks to the 470th Military Intelligence Brigade during the brigade's official celebration of Black History Month in its headquarters building Feb. 28. Describing himself as a "walking, talking, hand-shaking, autograph-signing, Congressional Gold Medal-winning Tuskegee Airman," Coggs shared some experiences of his 85 years with the audience. Coggs was among the approximately 1,000 African-Americans who underwent pilot training during World War II at Tuskegee, Ala., proving their worth as fliers to U.S. leaders, while the Army Air Corps was still segregated. Coggs concluded his presentation by reciting the Gettysburg Address.

ARMY NURSE REMEMBERED IN BUILDING CEREMONY

(From left) Command Sgt. Maj. Luis Gonzalez, command sergeant major for Headquarters and Headquarters Battalion, U.S. Army South; Cpt. Peter McDonald, 56th Signal Battalion chaplain; Lt. Col. Kevin L. Griggs, 56th Signal Battalion commander; and Lt. Col. Charles A. Walters, HHBN Army South commander, unveil plaques during a building remembrance ceremony held in honor of Capt. Elizabeth Dumbar Reid. Building 1001 is named in honor of Reid, who served as an Army nurse for 29 years and retired in 1935. The building was built in 1935 and was formally the post hospital's dormitory for Army nurses, the building was dedicated by the United States Army Nurse Corps as Reid Hall on April 1, 1937, in honor of Reid, who died in 1936. HHBN Army South and the 56th Signal battalion currently occupy Building 1001.



Photo by Sgt. Tamika A. Exom

2013 Soldier re-enlistment window opens with restrictions

By Rob McIlvaine
Army News Service

With 10 years of war winding down, the focus is now, more than ever, on retention of quality Soldiers.

Since March 1, if a Soldier's estimated termination of service is between Oct. 1, 2012 and Sept. 30, 2013, he or she can re-enlist between now and Sept. 30 of this year.

Accompanying this opportunity to continue in the Army, new policies allow brigade commanders to make a life-altering decision without sending a recommendation up to the commander of Human Resources Command.

"The Army instituted additional reasons for a mandatory bar to re-enlistment," added

Jim Bragg, chief of the Retention and Reclassification Branch at Human Resources Command.

"We're just reminding commanders that they have tools out there to identify sub-standard Soldiers and have the responsibility to give them a road map for success to stay in the Army. Commanders should deny retention to those who fail to demonstrate potential for continued service. The Army wants commanders to identify Soldiers who deserve the privilege of serving," Bragg said.

"For instance," Bragg said, "if a Soldier's ETS (expiration of term of service) is 10 months from now and the commander says, 'you do not show potential for future service' all leaders must ensure they outline

a plan of action for that Soldier to overcome his/her shortcomings."

"Just as we trust the brigade commanders to take these Soldiers to war and execute, we can trust them to make the right decision for the Army," Bragg said.

On Feb. 2, Sgt. Maj. of the Army Raymond F. Chandler III, Army Chief of Staff Gen. Raymond T. Odierno, and Secretary of the Army John M. McHugh signed a memo that specifically spells out these changes:

"Over the next few years, our Army will reduce its end strength and shape the force for future requirements. As we begin this deliberate process, it is imperative we retain those Soldiers with the greatest potential for future service – ones truly deserving

to remain a part of our Army team."

"To help us get to our desired end strength," the three Army leaders said, "we will fundamentally change the active-component retention program. This will provide our brigade-level commanders the flexibility and agility needed to retain those who best meet the needs of our Army.

"Tough decisions are ahead," they said. "Some fully qualified Soldiers will be denied re-enlistment. Commanders must carefully assess their Soldiers and ensure only (the) best are retained to meet the needs of (the) Army."

"Brigade commanders," Bragg said, "have always been able to ensure they re-enlist quality by using their flagging actions by say-

ing, for instance, 'OK, you're overweight, you can't re-enlist until you meet the weight standards,' adding that this is the first time in recent history where brigade commanders have had the authority to deny re-enlistment to Soldiers who are fully qualified to re-enlist.

"Now, if the Soldier meets all the quality standards that we say they have to – such as pass the PT test, retention control points, meet height-weight standards, and all the other things a Soldier is supposed to do – if that commander still feels the Soldier is not deemed to have the potential to serve after completing a quality review of the "Whole Soldier," then they can deny retention," Bragg said.

Commanders have received specific implemen-

tation guidance from the Army G-1, addressing Soldiers in over-strength, balanced and shortage military occupational specialties, known as MOSs.

In addition, guidance has instructed commanders to use the "Whole Soldier" concept when determining their best. This determination includes attributes, competencies, leadership potential, adherence to standards, duty performance, and evaluations that demonstrate ability to serve in any MOS.

Under this guidance, some Soldiers will be required to reclassify from over-strength career fields to under-strength, or balanced ones, to meet Army requirements. It is imperative that commanders and command sergeants majors ensure Soldiers receive performance

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ENLISTMENT from P6

counseling, officials said, as this will be one of the key tools of determining retention.

In this directive, specific retention policy changes are:

1. Brigade/O-6 level commanders and above have the authority to deny re-enlistment to those Soldiers not deemed best qualified. (Previously only the HRC commander had this authority)

2. Increased retention standards for staff sergeant and above who have not executed an indefinite re-enlistment contract. Soldiers with the following are not eligible to re-enlist without an exception to policy from HRC:

- Relief-for-Cause NCO Evaluation Report
- “No” listed in Part IV of an NCOER
- Senior rating of “4” or

“5” in Part V of NCOER

- DA Form 1059 indicating failure of Non-Commissioned Officer Education System

3. Addition of mandatory reasons to initiate a bar to re-enlistment:

- Loss of Primary Military Occupational Specialties, or PMOS qualifications due to fault of the Soldier
- Denied Command List Integration, or CLI, for promotion by unit commander
- Drug/Alcohol incident within current enlistment
- Two or more field-grade Article 15s during current enlistment
- AWOL more than 96 hours during current enlistment

For more information on Army retention policies and procedures, Soldiers should contact their unit career counselor for policy and processing guidance.

FOULOIS from P1

On his fourth flight of the day, Foulois barely avoided disaster by nudging his “monster bird,” as one reporter called it, just out of the way of a passing car as he prepared to land. He still ended up crashing the aircraft on that final flight.

“With the exception of the incident at the end of the last flight in which I had a narrow escape from colliding with an auto, the tests given the machine this morning were satisfactory, and I am pleased with the outcome,” Foulois told the San Antonio Light.

In his memoirs, Foulois jokingly stated that he was chosen on the basis of intellectual and technical ability, but he realized later that it was his 5-foot-6-inch stature, 126-pound weight, and map-reading ability that qualified him for the

“I don’t think Foulois was ever really aware of his place in history.”

Col. Daniel W. Gower, executive director of the Dustoff Association.

flight.

Foulois had just 54 minutes of instruction from Wilbur Wright at College Park, Md., when Brig. Gen. James Allen, chief of the Signal Corps, dispatched him and the airplane to Fort Sam Houston with orders to “teach yourself to fly,” according to Foulois’ memoir, “From the Wright Brothers to the Astronauts.”

At this year’s ceremony, the guest speaker was retired Col. Daniel W. Gower, executive director

of the Dustoff Association. Gower talked of how Foulois’ innovative spirit and determination made him a hero of his.

“I don’t think Foulois was ever really aware of his place in history, Gower said. “The great leaders usually aren’t. They just do their jobs.”

Dustoff dates back to the Korean War and was more fully developed during the Vietnam War, resulting in an unprecedented survival rate for combat injured troops.

Today, an American Marine or Soldier wounded in action has a 95 percent chance of surviving, due in large part to the rapid response of highly trained helicopter medical evacuation crews. Dustoff helicopters fly unarmed, and crews save the lives of civilians and enemy forces as well as American and coalition troops.

Gower, whose last

military assignment was as president of the U.S. Army Medical Board at the Army Medical Department Center and School, retired in 1998. He then became deputy director of the board as a civilian in 2004.

Gower has recently been assisting as a technical advisor on an Arrowhead Films production, a one-hour feature to tell the story of Army helicopter medical evacuation for the U.S. Army Medical Department Center for History and Heritage.

The film will document the history and legacy of the life-saving role of “Dustoff” from its origins to the present.

“Arrowhead Films has a proven history of telling the story of the American warrior, and extensive knowledge of the history, mission and people of Dustoff. The story is in good hands,” Gower said.

ARNORTH from P1

level of preparedness for a catastrophic disaster.”

U.S. Northern Command, through Ardent Sentry 2012, will test TF-51’s ability to respond to a large disaster. The exercise will also award the task force the opportunity to earn their hurricane certification.

It took a lot of planning to build a dynamic exercise that would enable the task force to be certified. A lot of questions had to be answered and tasks had to be developed.

“We addressed issues the first day of the planning conference, which

enabled us to get our concerns to the Exercise Management Working Group for resolution early in the process,” said Jon Smidt, U.S. Northern Command’s senior exercise planner for the hurricane exercise.

“Those issues were resolved, and we now have a solid way ahead to complete the exercise scenario, which will now shift to U.S. Army North.”

Smidt said he is confident TF-51 is up to the task and will do great during the hurricane exercise.

However, hurricanes aren’t the only disaster TF-51 prepares for ac-

cording to Campbell.

“We’re ready to respond to any natural or manmade disaster within in the United States,” Campbell said. “Our Soldiers and civilians are among the most professional and well-trained people in providing command and control of military forces responding to a disaster in the U.S.”

The task force facilitates the DOD in bringing additional capabilities during a disaster as part of a larger federal response when requested by the state and approved by the Secretary of Defense.

TF-51 expedites those DoD forces in bringing life-saving and life-sustaining capabilities to an incident faster by working directly with local, state and federal first responders and agencies.

It is a task that U.S.

Army North, which is the headquarters command for TF-51, has embraced by developing a strong training partnership with state National Guard units and FEMA through years of joint training through major disaster exercises and actual disaster, such as Hurricane Irene last year.

This close relationship enables U.S. Army North to anticipate what unique military capabilities may be requested to support civil authorities during a large disaster, according to Campbell.

U.S. Army North, located at Fort Sam Houston, provides defense support of civil authorities as the Army component of U.S. Northern Command, the unified command on Peterson Air Force Base, Colo., that is responsible for homeland defense and civil support.

NEWS from P4

JBSA FAP CareLine

Reporting procedures for the Joint Base San Antonio Family Advocacy Program CareLine have been streamlined to ensure the easiest access and assistance to those in need of services related to the prevention of family maltreatment in our community. To report incidents of spouse or child abuse and to coordinate an emergency response for victims of domestic violence, call 292-5967. This line is monitored 24 hours per day, 7 days a week.

Military Tax Assistance Centers Open

Active duty military members, military retirees, and their families can take advantage of free tax services at the Military Tax Assistance Centers. The 502nd Mission Support Group’s legal office offers the main site at 2271 Reynolds Road, at the corner of Wilson and Reynolds Roads, as well as a San Antonio Military Medical Center satellite office at the L44-6 confer-

ence room. All tax returns are completed on an appointment-only basis. Customers need to bring their W-2s, 1099-Rs and all other tax-related documents to their appointment. The main site phone number is 295-1040 and the SAMMC satellite phone number is 916-1040.

No Smoking at Bus Stops

Smoking is not allowed at any of the bus stops or bus enclosures on Joint Base San Antonio-Fort Sam Houston.

NMTSR Sexual Assault Prevention, Response Program

The Navy Medicine Training Support Center Sexual Assault Prevention and Response Program provides quality support and assurance to rape/sexual assault victims for Navy staff, student, and civilian personnel through prevention education and victim intervention services. To report a sexual assault, call the Navy Command SAPR at 287-8283; the Joint Base San Antonio Sexual Assault Hotline is 808-7272.

CIMET from P3

unit's name.

The attraction does not stop there. A 400-square-foot gold and black custom racing canopy can be attached to the side of the trailer, which can provide shade and comfort at a variety of outdoor events.

Upon entering the CIMET via custom-designed stairs, Army North representatives greet and brief guests on the missions, as well as the vital importance of U.S. Army North, by using a state of the art 55-inch touch-screen monitor, which displays a series of dynamic videos and a variety of key information.

The guests' new-found knowledge is quickly put to the test as they are indoctrinated into the AR-NORTH team and proceed to their posts in the main interactive video area.

"The video and interactive presentation allows visitors to understand who we are and what we do at Army North," said Luis Deyavelez, public affairs specialist, Army North.

Standing front and center of 10 interactive 32-inch flat screen televisions, each of the guests begin their missions with



Photo by Maj. Stephen Short

Dwayne Hall, project manager for Bluewater Technologies, demonstrates Army North's Command Information Mobile Exhibition Trailer's video system to Luis Deyavelez, public affairs specialist, U.S. Army North on Feb. 22 at the custom trailer-manufacturing site. Army North is developing the CIMET as a vehicle designed to catch an audience's attention on the outside and then draw them to learning more about the unit and its unique mission on the inside.

the touch of a green button, which carries them to the epicenter of a fictional disaster scenario to test if they have what it takes to complete one of Army North's core missions – Defense Support to Civilian Authorities.

A series of multiple choice questions and answers leads the newly trained team member through the mission, where they have the opportunity to exhibit their newly acquired skills in helping provide assistance for their fellow citizens in the homeland.

"We want the audience to be able to see, hear and experience a mission to provide military support to the primary lead agencies," added Deyavelez.

Perhaps one of the greatest strengths of the CIMET is that it is designed so the themes and presentations can be modified to adapt to new missions. It has self-contained power and can be transported to a variety of public events to aid Army North personnel in informing its dynamic audiences on the unit's missions.

National Nutrition Month helps 'Get Your Plate in Shape'

By Staci Peper
Fort Sam Houston
Primary CareClinic

For many, with the start of the New Year comes the resolution to eat better, lose weight, and get in shape. But that takes guidance and motivation!

March is the National Nutrition Month and this year the Academy of Nutrition and Dietetics, formerly known as the American Dietetic Association, is putting its focus not only on picking nutritious foods, but how those foods should look on the plate.

"Get Your Plate in Shape" is the newest campaign, focusing on making a few simple changes on your plate.

According to the Academy of Nutrition there are five different ways to

make good food choices to put on your plates.

First, make half of your plate fruits and vegetables, especially dark-green, red, and orange varieties of vegetables.

Second, make at least half of the grains you choose whole grain. This includes brown rice and 100 percent whole-grain cereals and bread.

Third, make the switch to fat free or low-fat milk. Lower-fat milks contain the same nutrients and calcium as whole milk, but with significantly fewer calories and saturated fat.

Fourth, changing up the type of protein eaten is a good way to break the monotony of chicken and beef options. Incorporate beans, nuts, eggs, and soy into your regular meal plan to get a healthy boost of fiber and protein.



Lastly, cut back on sodium and sugar-rich foods such as soda, sweetened teas and real butter. Instead, focus on water and 100 percent

fruit juices as well as heart-healthy oils such as canola and olive.

Following these few simple changes can dramatically change how you

eat and how you portion your food at mealtime.

Though it is a fairly easy concept, eating well is not always easy.

The fifth annual Registered Dietitian Day is March 14 and in celebration of National Nutrition Month and Registered Dietitian Day, San Antonio Military Medical Center Department of Nutritional Medicine is sponsoring a variety of events throughout the month.

The events will include a food drive to benefit the local food bank, "Eat this, not that" plate shaping examples at the SAMMC DFAC, and the "Dare to Stair" campaign throughout the hospital, which focuses on taking the stairs instead of the elevator.

Cooking demonstrations at the Warrior and Family Support Center

will be held every Thursday in March, as well as nutrition booths for questions and education set up at Jimmy Brought Fitness Center throughout the month.

The Department of Nutritional Medicine is holding its "Get Your Plate in Shape"-themed meal March 8 and will feature mango-ginger glazed mahi-mahi, quinoa-stuffed portabella mushrooms, butternut squash hash, sautéed kale and mushrooms, sweet and spicy Thai veggie burger, and cranberry bread pudding, among other selections.

To top it all off and give the workout routine a kick start, National Nutrition Month will conclude with a 5k run/walk at 7 a.m. March 24 at the Jimmy Brought Fitness Center.

For more information on these events, call 916-3029 or 916-3375.

Courtesy graphic

FINANCE from P3

U.S. Army South. “I just throw stuff in the basket and whatever happens, happens.”

During the budgeting session, students were given an exercise of going grocery shopping on a \$200 budget.

“Write down everything you spend,” said Nadia Linares, a banking service representative for Broadway Bank. “You don’t know where your money goes if you don’t know how much you’re spending on things like groceries.”

Capt. Sharron Stewart, Operations Company, Headquarters and Headquarters Battalion commander, U.S. Army South, felt it was extremely important for all Soldiers to take this workshop.

“Last year, when we almost had the government shutdown, Soldiers were coming to me for



Photo by Sgt. Tamika Exom

Brian Novak, chief of legal assistance, 502 Air Base Wing, discusses the “rules of engagement” to the Fair Debt Collection Practices during a Financial Boot Camp at Dodd Field Chapel Feb. 24.

Army Emergency Relief loans,” Stewart said. “But they weren’t asking for funds for unexpected expenses, they needed money to cover regular monthly bills.”

Monthly bills can become big problems when Soldiers don’t have adequate savings to cover an unexpected loss of income.

When Soldiers began

asking for AER loans, Stewart took notice and suggested Soldiers of all ranks and ages could benefit from learning financial responsibility.

The round-robin event

featured guest representatives from Army retirement services, Broadway Bank and the Better Business Bureau.

In addition, Brian Novak, chief of legal assistance with the 502nd Air Base Wing, went over the “rules of engagement” of the Fair Debt Collection Practices Act, telling Soldiers, “Come see us sooner rather than later.”

During the interactive boot camp, students learned check writing and balancing skills, proper budgeting techniques and the importance of maintaining good credit.

They also learned how to dispute inaccurately reported items on their credit reports.

The Soldiers were also taught about the difference between short term savings goals, long term saving goals and retirement savings goals

in addition to basic tax principles.

The Financial Readiness Boot Camp is available to all active duty and their dependents, retirees, and DOD employees.

For more information about financial classes and future Financial Boot Camps, call the Financial Readiness program at 221-2380.

The Joint Base San Antonio Military Tax Assistance Center is available to all active duty military members, dependants, retirees and their families to take advantage of free tax services.

The main tax center is located at 2271 Reynolds Road and the office can be reached at 295-1040.

There is also a satellite tax center located at San Antonio Military Medical Center room L44-6 and they can be reached at 916-1040. Both locations are by appointment only.

High school students learn about military medical careers

By Esther Garcia
AMEDDC&S Public Affairs

More than 250 local high school students from the San Antonio Independent School District learned about military medical careers during the annual Heroes and Heritage Student Leadership Summit and Career Fair at the Army Medical Department Center & School's Willis Hall Feb. 27.

Held in conjunction with the Office of Diversity Management and Equal Opportunity, Office of the Under Secretary of Defense for Personnel and Readiness, the summit and career fair is an opportunity for Department of Defense to provide information about careers within the DOD or the armed forces.

Col. Dawn Smith, chief of staff, AMEDDC&S, opened the event in Blesse Auditorium, and was followed by speakers from the DOD and various military branches.

The students attended workshops covering sub-

jects such as professionalism in the workplace, achieving excellence in the face of adversity, seven principles for leadership success and writing an effective resume and interview techniques. Pasquale Tamburrino Jr., deputy assistant secretary of defense (Civilian Personnel Policy) also spoke about DOD civilian employment opportunities.

Various exhibits were displayed in the Willis Hall food court area for the students to visit, which included displays from the Department of Veterinary Science; Nutrition Care; Department of Combat Medic Training; and the Department of Preventive Medicine that included displays about vaccines, preventable diseases, waterborne disease prevention; and smoking. The Department of Dental Science hosted group tours in their clinic/training area.

Federal and civilian agencies were also on hand to pass out literature about job opportuni-

ties with their companies.

"It is all very interesting," said Luis Arajao from Burbank High School after viewing the military medical career displays. "There are a lot of real opportunities in the military."

Federal and civilian corporate representatives also held a question and answer panel in Blesse Auditorium, which was an opportunity for students to ask questions about job opportunities within DOD or in the civilian corporate world and to learn what is expected from potential employees.

The panelists talked about their job experiences and encouraged the students to stay in school and further their educations.



Col. Valerie Holmes, director of the Department of Dental Science at the Army Medical Department Center & School, speaks to high school students attending the Heroes and Heritage Student Leadership Summit and Career Fair about the dental career field with the military Feb. 27.



Capt. Jacob Vincent, Capt. Christ Pitts and Marcus Bell, Department of Preventive Medicine, demonstrate how to test for water borne diseases.



Camille Espinoza and Donnie Cromartie from the Department of Combat Medic Training demonstrate how medics are trained in the use of a tourniquet to high school students.

Photos by Esther Garcia

Medical Enlisted Corps celebrates 125 years

By Bob Driscoll

Army Medical Department
Office of Medical History

Though the Medical Enlisted Corps was formally established as the Hospital Corps on March 1, 1887, their history dates back to the Revolutionary War.

At the outbreak of the war, medical support was hampered not only by the limited availability of trained medical personnel, but the lack of adequate medicine and equipment.

Insufficient care of the wounded and the lack of treatment and prevention of the diseases that ravaged the Army caused George Washington to address the issue of medical care with Congress.

Finally, on July 27, 1775, Congress authorized the establishment of a Medical Service. This date is known as the Anniversary of the Army Medical Department, or AMEDD.

This important step made provisions for a Director General and Chief Physician (Surgeon General), four surgeons, one apothecary, 20 surgeon's mates, one clerk and two storekeepers. It also provided one nurse to every 10 sick, and laborers as needed.

Dr. Benjamin Church was selected as the first surgeon general. Based on the recommendations of the director general, on July 17, 1776, Congress authorized the employment of hospital stewards who were the forerunners of the AMEDD Noncommissioned Officer Corps.

General Order 29, published in April of 1887, assigned enlisted members to the corps and permanently attached them to the Medical Department.

After one year of service with Hospital Corps, pri-

vates were eligible for appointment as acting hospital stewards. After one year of probation and passing of another examination, they could be appointed "permanent" hospital stewards.

In its first year, some 600 privates transferred to the new corps, with only 24 passing their examinations and promoted to acting hospital stewards.

On March 2, 1903, the Hospital Corps was disestablished. The terms hospital steward and privates of hospital corps were replaced by the terms sergeant and private with an exception for the master hospital sergeant which was used until 1920.

Today, there are more than 36,000 enlisted serving in Army Medicine.

Combat Medic Spc. Monica Brown, 19, a Lake Jackson, Texas, native, was the second female Soldier since World War II to be awarded a Silver Star for her gallant actions during combat in Afghanistan in 2007. Brown was presented her Silver Star by then-Vice President Dick Cheney during a ceremony at Bagram Airfield.

Army News Service



U.S. ARMY MEDICAL ENLISTED CORPS *A History of Strength and Service*

1776

The Army Medical Department NCO Corps traces its roots to July 17, 1776, when congress authorized the employment of hospital stewards or medical NCOs, which were the forerunners of the AMEDD NCO Corps.



In 1851 regulations were changed allowing a "Half Chevron" consisting of a green background with yellow trim and a caduceus to denote the rank of the Hospital Steward.

1856

In 1856, Congress authorized the Secretary of War to appoint as many hospital stewards as needed in the army and mustered onto the hospital rolls as "NCOs". This action permanently attached the stewards to the Medical Department.

1887

The Hospital Corps was formally established on March 1, 1887, General Order 29 published in April 1887 stated "the Hospital Corps of the U.S. Army shall consist of hospital stewards, acting hospital stewards, and privates; and all necessary hospital services in garrison, camp, or field (including ambulance service) shall be performed by the members thereof, who shall be regularly enlisted in the military service..."

General Order 29 also established new chevrons denoting the ranks of the hospital stewards similar to the chevrons worn by all NCOs in the Army. Hospital stewards wore full sized chevrons that had three stripes below and one on top with a Red Cross in the center. Acting hospital stewards wore the same chevrons except for the stripe on top. Privates of the Hospital Corps wore the "white arm band with a Red Cross"



Hospital Corps men who served President McKinley, Private Ernest Vollmeyer, Acting Hospital Steward Palmer A. Elliot, and Private John Hodgins, 1901.



Hospital NCOs at Fort McHenry, Maryland 1898

1900

In 1900, the Hospital Corps serves an important role in the study of the causes and transmission of Yellow Fever. Soldiers volunteer to be bitten by infected mosquitoes.

WWI

During World War I, enlisted personnel of the Army Medical Department began training at Fort Oglethorpe, Georgia. Laboratory, radiology, dental, veterinary and psychiatric classes were established with some courses taught at civilian universities.



Litter bearers await their next mission during World War I.

WWII

In World War II training camps were expanded to conduct basic and specialized training for medical and surgical technicians. Even with the accelerated training at these camps, the shortage of medical personnel on the front lines remained critical.



Medics pull a boat filled with supplies for wounded troops on the other side of a river.



Newly created flight medics play an increasing role in saving lives during evacuation in the Vietnam War.

GWOT

October 1, 2006, the Combat Medic military occupational specialty (MOS) code changes from 91A and 91B to 68W. During an interim period 2001-2007, new specialty training includes maintenance of civilian EMT certification.



Army Medicine

Though the Medical Enlisted Corps was formally established as the Hospital Corps on March 1, 1887, their history dates back to the Revolutionary War.

BRAIN from P2

said. Current scientific evidence supports rest, education, and expectation of recovery as the cornerstones of treatment for concussion.

Statistics indicate that more than 90 percent of those who have suffered a TBI will fully recover. However, some patients may experience long-term symptoms, Butler said.

The chances of long-term ramifications are increased if there have been multiple or repetitive injuries such as in the case of professional boxers.

"It takes time for the brain to heal and Soldiers do not all recover at the same rate even if they sustain a similar injury. It is absolutely essential to avoid getting a second concussion or insult before the brain has fully healed," Butler said.

Army Medicine has primary care and specialty

providers throughout the continuum of care who are educated in brain injury identification and rehabilitation.

On the front lines, medics are trained prior to deployment to screen for brain injuries using the Military Acute Concussion Evaluation developed by the Defense and Veterans Brain Injury Center.

Additionally, the DOD stood up a concussion system of care at the point of injury in theater to promptly identify and treat these injuries.

"Brain injury evaluation and treatment services extend throughout Army Medicine which has funded over 500 dedicated TBI providers located around the world since 2007. The Department of Defense also collaborates with the Defense Veterans Brain Injury Center and the Veterans Administration to provide ongoing support for patients and their

families," Butler said.

In addition to support from medical professionals, Goldman said support from family members is very important during TBI treatment programs.

"Family members are an essential component to the Soldier's care and recovery. Our military treatment facilities ensure that family members have the opportunity to learn more about the effects of TBI, be involved in treatment planning, and are an essential aspect in a Soldier's rehabilitation," Goldman said.

The Army is also taking steps to protect Soldiers from injuries and better detect and treat brain injuries.

According to Butler, the service has invested more than \$800 million in research and development activities to better identify and treat brain injuries.

Army Medical Research and Materiel Command

MILITARY BAND SCHEDULES

323rd Army Band "Fort Sam's Own"

March 23, 1 p.m.

(Brass Ensemble)

Lutheran High School Band Festival

1130 West 34th Street, Houston, Texas

March 24, 6:30 p.m.

(Bugle and drummer)

West Point Founders Day

San Antonio Country Club

4100 N. New Braunfels Ave., San Antonio, Texas

May 19, noon

(Surgical Stryke)

Military River Parade Arneson River Theater

San Antonio, Texas

May 19, 3 p.m.

(Biohazard Brass Band)

Military River Parade Arneson River Theater

San Antonio, Texas

May 28, 9:30 a.m.

(Quintuple Bypass Band)

Memorial Day ceremony Houston National Cemetery
Houston, Texas

**U.S. Air Force Band of the West
(Southwest Winds)**

March 18, 2:30-3:30 p.m.

Our Lady of Guadalupe Catholic Church

13715 Riggs Road, Helotes, Texas

March 23, 6:30-7:30 p.m.

St. John the Evangelist Church

2102 Ave. J, Hondo, Texas

March 25, 3-4:30 p.m.

Gertrude R. Jones Fine Arts Auditorium

Coastal Bend College, Beeville, Texas

March 27, 7-8 p.m.

Forest Hills Presbyterian Church

13200 Bandera Road, Helotes, Texas

has funded hundreds of research studies devoted to advancing the science of TBI to include basic science research to better understand the pathophysiology of injury and recovery.

The Army is improv-

ing detection and diagnostic capability such as neuroimaging, diagnostic biomarkers, and improved screening tools; and treatment techniques to maximize recovery after an injury.

For more information

about brain injuries, visit the Defense and Veterans Brain Injury Center website at <http://www.dvbic.org>. For more information about the Army TBI program, visit <http://www.armymedicine.army.mil/prr/tbiprg.html>.

Know the do's and don'ts of political activity participation

By Capt. Anna E. Virdell
Chief, Civil Law
502d Mission Support Group

With the excitement of the Presidential election this year and the primaries already underway, the 502nd Mission Support Group legal team is reminding military members and federal employees of the do's and don'ts of political activity participation.

Military members in violation of these rules may face punishment under the Uniform Code of Military Justice.

If you are unsure whether or not a political activity is approved, reference Department of Defense Directive 1344.10, Political Activities by Members of the Armed Forces, and Air Force Instruction 51-902, Political Activities by Members of the U.S. Air Force.

Active duty military members may:

- Vote
- Express a personal opinion on political candidates
- Contribute financially to candidate and/or political party
- Attend political meetings, rallies, debates, etc... as a spectator, but not in uniform
- Serve as an election official, but not as a representative of a partisan political party
- Display a political bumper sticker on private vehicle
- Wear a political button, but not in uniform or on duty
- Sign a petition for specific legislative action
- Write a letter to the editor of a newspaper expressing personal political views on issues and/or candidates
- Solicit or fundraise

when not in uniform off base for a partisan political cause or candidate

Active duty military members may not:

- Use of official authority or influence to interfere with an election
- Serve in any official capacity or be listed as a sponsor of a partisan political club
- Speak before a partisan political gathering of any kind
- Participate in any radio, television or other program as an advocate of a partisan political party or candidate
- Perform clerical or other duties for a partisan political committee during a campaign or on election day
- March or ride in a partisan political parade
- Conduct a political opinion survey under the backing of a political group
- Distribute partisan political literature
- Solicit or fundraise on base for political partisan cause or candidate

- Participate in any organized effort to provide voters with transportation to the polls if the effort is organized by a partisan political party or candidate
- Sell tickets or actively promote political dinners or events
- Send political emails from government computers or use official title in political emails
- Display a partisan political sign, poster, banner or similar device

partisan political office at work

The Hatch Act (5 U.S.C. §7321-26) governs the permitted and prohibited political activities of government employees at the federal, state and local levels.

Military members may face punishment for violating Department of Defense Directive 1344.10 or Air Force Instruction 51-902, while federal civilian employees may be disciplined for violating

visible to the public at one's residence on a military installation

- Display campaign pictures, posters, screen savers and all other campaign material of candidates for

the Hatch Act. Civilian employee discipline for Hatch Act violations can range from a thirty-day unpaid suspension to removal.

Examples of prohibited activities under the Hatch Act include wearing partisan political buttons or t-shirts on duty; displaying photos of candidates (other than "official" photos) at the workplace; emailing and forwarding partisan political emails on government email to other federal employees and engaging in political activity on duty, in any government office or in a government vehicle.

The Hatch Act does allow most civilian employees to take an active part in partisan political management and campaigns.

Specifically, federal employees may be an ac-

tive member of a political party or club, make campaign speeches for candidates in partisan elections, distribute campaign literature, hold office in political club or party and serve as a delegate to a convention.

For a full list of the do's and don'ts under the Hatch Act, please visit the Office of Special Counsel's website at: <http://www.osc.gov/hatchact.htm>.

Complaints should be sent to the U.S. Office of Special Counsel, which is responsible for investigating reports or complaints concerning Hatch Act violations committed by covered federal employees. Specific instructions on how to file a complaint can be found online at <http://www.osc.gov>.

Any questions regarding the interpretation of the rules discussed above can be directed to your unit's Staff Judge Advocate office.



Cole Cougars advance to state basketball tournament

By Robert Hoffman
Cole High School faculty

By winning two tough games in less than 18 hours, the Robert G. Cole High School boys' varsity basketball team won the University Interscholastic League's Region IV 2A title and advanced to the state tournament for the fifth time in the school's history.

Junior Andre Terrell drained a free throw with two-tenths of a second left in the back-and-forth game to allow the Cou-

gars to punch their ticket to the weekend tournament in Austin.

Senior point guard Ronnel Jordan led Cole with 25 points, while Bryce King and Kendrick Taylor added 11 and 10 respectively, as the Cougars edged the Hallettsville Brahmas, 53-52, March 3 for the regional nod.

"The players are successful because they work and think like a team," said Cougars head coach Herb More. "I teach the students to be good people first. The



Photo by Roland Rios

The Cole Cougars celebrate their victory.

winning will take care of itself."

This is More's second trip to state-level playoffs as a head coach, his last

time in 2006. He was an assistant coach in 1989 when NBA legend Shaquille O'Neal led Cole to the state competition.

More has been at Cole for 25 years and worked as head basketball coach for 21 years.

Cole earned their regional title opportunity with a gutsy 56-51 come-from-behind semi-final victory over the previously undefeated Jarrell Cougars March 2 in Seguin. In that game, Bryce King scored 24 points and Tyreese Davis added 12, as the Cougars overcame a nine-point halftime deficit to storm to victory.

"I am so proud of our Basketball Team," said Cole principal Isabell Clayton. "They have

remained focused, played well under pressure, and showed such dignity throughout the season."

The Cougars enter the state tourney with a 31-5 record, and will face the 29-7 Brock Eagles at 8:30 a.m. March 9 at Frank Erwin Center in Austin.

Friday's semi-final match will be broadcast on Time Warner Cable's Texas Channel (Channel 888), local radio at KYTY-AM 810, and webcast on <http://www.FoxSports-Southwest.com>. The community can also get up-to-the minute updates through Facebook and Twitter feeds.

Cole JROTC Battalion competes in Fort Worth

By Cadet 1st Lt. Michael Scott
Cougar Battalion Public Affairs

The Robert G. Cole High School JROTC's Cougar Battalion sent a group of cadets to Fort

Worth Feb. 17-19 to participate in the Birdville ISD Invitational Drill Competition.

The battalion fielded male and female physical training teams, along with

a female and co-ed color guard squad.

The girl's PT team – Cadet 1st Lt. Michael Scott, Cadet 1st Lt. Ruby Gibson, Cadet 1st Sgt. Brianna Washington and

Cadet Pfc. Mila Kelly – finished third overall out of 23 teams in the competition. The team also placed third in the sit-up portion of the PT test.

In addition to a successful team competition, Kelly also placed fourth individually out of 87 female cadets competing. The Cole female PT Team has brought home a Birdville trophy in one of the top three spots every year since 2007.

The Boys PT team – Cadet Lt. Col. Chris Lamoureux, Cadet 1st Lt. J.C. Salazar, Cadet 1st Lt. Daniel Rodriguez, and Cadet Sgt. 1st Class Evan Garr. The team finished 4th overall out of 24 teams in the competition. The team also came in 3rd place in the sit-up portion of the PT test.

Along with the team victory, Garr finished 3rd individually overall and

2nd in the sit-up portion out of the 100 male cadets competing. Daniel Rodriguez individually placed 5th both in push-ups and overall.

The PT teams were not the only teams from Cole who had a great meet. Both of the color guards had an outstanding weekend.

The female color guard team included Cadet Maj.

Molly Gresenz, Cadet 1st Sgt. Lovelia Gomez, Cadet 1st Sgt. Amber Stout, Cadet Pfc. Makenzie Wade and Cadet 1st Sgt. Brianna Washington. The co-ed color guard team included Cadet 1st Sgt. Tim Sharpe, Cadet Sgt. 1st Class Brianna Schmoll, Cadet Sgt. Chrystin Schmoll, Cadet Pfc. Gissele Grandos and Cadet Pfc. Jessica Young.



Photo by Cadet 1st Lt. Michael Scott

Cole Cadet 1st Lt. J.C. Salazar competes in the sit-up competition at the Birdville Invitational Drill Meet Feb. 18. The Cole team finished third place overall in the sit-up portion of the test.



**Spring Break Camp
Registration Underway**

CDC and SAS fees are assessed according to category. Youth, grades 6-12, fees will be \$15 daily and \$60 weekly. Call Parent Central at 221-4871.

Life Guarding Lessons

Children age 15 and older may train to be certified lifeguards on Fort Sam Houston by completing one of four sessions. All sessions will be conducted at the Jimmy Brought Fitness Center indoor pool for \$160 per person. Call 221-1234.

As We Grow

March 8 and 22, 12:30-2 p.m., Dodd Field Chapel Building 1721, call 221-0349.

Couponing

March 8, 2-4 p.m., Roadrunner Community Center Building 2797, call 221-2380.

FRG/FRSA Forum

March 8, 5-6:30 p.m., Roadrunner Community Center Building 2797, call 221-1829 or 221-0946.

**T-ball, Baseball and Softball
Registration**

Registration for spring T-ball, baseball and softball is underway weekdays through March 9, from 8:30 a.m.-4 p.m. Youth ages 3 to 17 must have a current sports physical and shot record to join the team. Cost is \$60 per child. Call 221-4871. Interested volunteer coaches, call 221-5519.

**METC Madness
Basketball Bracket**

Selection is March 11, brackets will be available through March 13 and must be turned in by tip-off of the first game of the tournament. Call 808-5709 or 808-5708.

Spring Break Teen Tours

Middle School Teen Center will offer tours March 12-16, registration is underway, cost is \$45. Trips include water fun at the lake March 12; Austin Fun Center March 13; the movies March 14; Corpus

Christi Aquarium and beach party March 15 and roller skating March 16. Teens must be registered with Child Youth & School Services. Call 221-3630.

**Orizon Spring
Break Dance Camp**

March 12-15 at Dodd Field Chapel, children ages 9-11, 8:30 a.m.-12:05 p.m. and children ages 12-18, 1:30-5:05 p.m. The cost is \$35 per child. Register online at <http://webtrac.mwr.army.mil> or at Parent Central in Building 2797. A showcase will be held March 16, at the Roadrunner Community Center, 9-11 year olds will perform at 11:10 a.m. and 12-18 year olds will perform at 4:10 p.m. Call 221- 3381.

Budget Development

March 12, 2-4 p.m., Roadrunner Community Center Building 2797, call 221-2380.

Intro to Computers

March 13, 8 a.m.-noon, Roadrunner Community Center, call 221-2518 or 221-2705.

HUGS playgroup

March 13, 9-11 a.m., Middle School Teen Center Building 2515, call 221-0349 or 221-2418.

Immigration Services

March 13, noon-2 p.m., Roadrunner Community Center Building 2797, call 221-1372 or 221-1681

CARE Team

March 13, 1:30-3 p.m., Roadrunner Community Center Building 2797, call 221-1829 or 221-0946.

Saving and Investing

March 13, 2-4 p.m., Roadrunner Community Center Building 2797, call 221-1612.

Word Level 2

March 14, 8 a.m.-noon, Roadrunner Community Center, call 221-2518 or 221-2705.

Pre-Deployment Planning

March 14, 9 a.m.-3 p.m., Roadrunner Community Center Building 2797, call 221-1829 or 221-0946.

Talk is Cheap

March 14, 10-11:30 a.m., Road-

Edwards Aquifer Level

in feet above sea level
as of March 6

CURRENT LEVEL * = 662.5'

*determines JBSA water conservation stage

Normal - above 660'

Stage I - 660'

Stage II - 650'

Stage III - 642'

Stage IV - 640.5'

Stage V - 637'

Joint Base San Antonio will revert back to Stage I water restrictions; the J-17 Well Level is at 652.7 feet as of Jan. 5 and has been over 650 feet for more than 30 days, allowing for JBSA to return to Stage I conditions. Watering hours are now allowed between the hours of 8 p.m. and 10 a.m. and new turf can be planted at this time.



runner Community Center Building 2797, call 221-0349.

Overseas Orientation

March 14, 10-11 a.m. and 5-6 p.m., Roadrunner Community Center Building 2797, call 221-1372 or 221-1681.

Mandatory Initial 1st Termer

March 14, 12 - 4 p.m., Education Center Building 2248, call 221-1612.

Spring Turkey Hunting Season

Begins March 17, must have bird/small game permit; DOD non-

See INSIDE, P18

TEXAS INDEPENDENCE DAY CELEBRATED



Photo by Esther Garcia

Maj Gen. David Rubenstein, commanding general, U.S. Army Medical Department Center and School, congratulates representatives from local universities and colleges who were recognized during the 176th Anniversary of Texas Independence during a ceremony in front of the Alamo March 2. The annual ceremony, hosted by the Daughters of the Republic of Texas, dedicated this year's ceremony to all the universities and colleges in San Antonio. The ceremony commemorates the signing of the Texas Declaration of Independence from Mexico on March 2, 1836. Four days later, the Alamo fell but Texas won its independence from Mexico at the Battle of San Jacinto on April 21, 1836. Gen. Sam Houston, the Texas forces commander that day, later became the first elected President of the Republic of Texas.

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contract ID card; hunter education card; shotgun make, model, caliber and serial number; and Texas state hunting license with upland game bird stamp. Cost is \$50. Call 295-7529 or 295-7577.

St. Patrick's Day Party for Teens

March 17, 5-8 p.m., Middle School Teen Center Building 2515, call 221-3630.

Celebrate St. Patrick's Day

March 17, 7-8:30 p.m., Sam Houston Community Center Building 1395, Irish games, a DJ, green beer and plenty of desserts, call 221-4016.

FSH/Randolph/Lackland Golf

Club members-\$35 and non-members-\$50, includes cart fee, greens fees and entry to awards banquet following scramble. Open to all DOD patrons. Registration deadline is March 19 or until field is full.

Fort Sam Houston's 2nd Annual Shamrock Scramble

March 22, check in 9 a.m., 10 a.m. shotgun start, Fort Sam Houston Golf Club. Cost per player.

Learning Styles

March 22, 1:30-2:30 p.m., Roadrunner Community Center Building 2797, call 221-0600.

Alamo Chapter AUSA Luncheon

March 23, 11:30 a.m., Sam Houston Community Center, cost is \$16. Guest speaker will be Lt. Gen. William Caldwell IV, commander, U.S. Army North, and senior commander, Fort Sam Houston and Camp Bullis. Visit <http://www.alamochapterausa.com>.

Military City USA 5K Run

March 24, 7 a.m., Jimmy Brought Fitness Center, check-in 6:30 a.m., no registration required, T-shirts are \$10 each on race day, call 221-1234.

St. Patrick's Day 5K

March 26, 5:30-6:30 p.m., Fitness Center on the METC Campus. Call 808-5709 or 808-5708.

Army Family Team Building Level 3

March 27, 28 and 29, 8:30 a.m.-2:45 p.m., Roadrunner Community Center Building 2797, call 221-2611 or 221-0918.

Easter Egg Hunt

March 31, 10 a.m.-noon, Dodd Field,

free food and entertainment for children and parents, call 221-3502.

7th Annual Cowboys for Heroes

March 31, 11 a.m.-5 p.m., Fort Sam Houston Equestrian Center, Building 3550, chuck wagons will set up a realistic-looking campground and cook over an open fire in cast iron pots, Charro demonstrations, mutton busting and live entertainment for MWR patrons, call 224-7207.

Spouses' Club Scholarships

The Spouses' Club of the Fort Sam Houston Area contributes annually to the Fort Sam Houston community through scholarship and welfare awards. Scholarships are awarded to high school seniors, students continuing their education and military spouses. All applicants must have a valid DOD ID card. Welfare funds are awarded to charities, non-profit organizations or other worthy causes supporting the welfare of the Armed Forces and their families located at Fort Sam Houston and Camp Bullis. Applications for scholarship and welfare awards are available at <http://www.scfsh.com>. The deadline to apply is April 1.

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Job Fair

April 11, 5-7 p.m., Roadrunner Community Center Building 2797, for the Fort Sam Houston community, call 221-0427 or 221-0516.

Harlequin Dinner Theatre

“...And the Beat Goes On” Harlequin Bandstand, March 8-April 21, Thursday through Saturday. Dinner is at 6:15 p.m. and curtain is at 8 p.m. Call 222-9694.

Air Force Education & Training Center

7:30 a.m.-3:30 p.m., Monday through Friday, relocated to a temporary building at 2427 Hood St., call 221-2135.

Basic Skills Education Program

Classes are Monday-Friday 7:30 a.m.-3:30 p.m. for a period of 14 working days. Service members will receive instruction in reading comprehension, vocabulary, and math skills. The class is designed to teach basic college preparatory skills to service members with a GT score less than 110. Call 221-1738 to enroll.

Retired Enlisted Association

Chapter 80 of the Retired Enlisted Association meets at 1 p.m. on the fourth Wednesday of each month at the Lackland Air Force Base Gateway Club. Call 658-2344 for information.

Stilwell House

The Fort Sam Houston Stilwell House, a historic landmark since 1888, is open for tours, receptions and parties. The Stilwell House is managed by the Society for the Preservation of Historic Fort Sam House, Inc. a 501(C)(3) Corporation not affiliated with the Department of Defense. Call 224-4030 or 655-0577.

Green to Gold Program

Fifth Brigade Army ROTC will conduct a brief the second Monday of each month, excluding training/federal holidays, at 2 p.m. in the Education Center, Building 2248, Room 207C. The purpose of the brief is to educate active duty Soldiers on the benefits, options, and qualifications of the Army Green to Gold Program. Call 5th Bde. ROTC at 295-2006 or 295-0429; the UTSA Recruiting Officer at 458-5607 or

the St. Mary's University Recruiting Officer at 436-3415.

Cloverleaf Communicators Club

Meetings are held the first and third Thursday of every month 11:45 a.m.-1 p.m. at San Antonio Credit Union, Stanley Road, in the conference room. Call 916-3406 or 221-8785 or visit <http://powertalkinternational.com/>.

Van Autreve Sergeants Major Association

The SMA Leon L. Van Autreve Sergeants Major Association meets the third Thursday of each month at 5 p.m. at the Longhorn Café, 1003 Rittiman Rd. All active duty, Reserve, National Guard and retired sergeants major are invited and encouraged to attend. Call 221-0584 or 889-8212.

Sergeant Audie Murphy Club

The SMA Leon L. Van Autreve Chapter of the Sergeant Audie Murphy Club meets the third Thursday of each month at noon in the Men's Card Room at the Fort Sam Houston Golf Club. All Sergeant Audie Murphy or Sergeant Morales members are invited and encouraged to attend. Call 808-1732 or 221-0144.



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Leon Creek Greenway Walk and Bike Events

The BTC Oddsports volksmarch club will host a 5k and 10k walk and a 25k bike event March

10-11 starting at the Valero Trailhead, Leon Creek Greenway, 15700 block Old Fredericksburg Rd. Events start between 8- noon; finish by 3 pm. Call 204-9301 or email btco@satx.rr.com.

Boerne Spring Walk

The Randolph Roadrunners volksmarch club will host a 5k and 10k walk in conjunction with the Boerne Family Fun Fair March 17 starting at Main Plaza, 100 North Main St. in Boerne. Walks start between 8 a.m. and noon, finish by 3 p.m. Call 723-8574 or visit <http://randolphroadrunners.info/>.

Parks and Recreation Department's Spring Break Camp

Spring Break Camp will be held 7:30 a.m.-5:30 p.m. March 12-16 at 15 community centers throughout the San Antonio area. The cost is \$3 per child per day. Registration is ongoing. Call 207-3000 or visit <http://www.sanantonio.gov/parksandrec>.

Shooting Stars Flag Football League

Boys and girls ages 5 to 17 can register now for the Shooting Stars Flag Football League. Call 606-6360 or visit <http://www.shootingstarssa.nflflag.com> for more information.



For Sale: Golf clubs, 2-PW Power Built Pro-Advance irons, \$150. Call 666-0502.

For Sale: New Rascal electric wheelchair with detachable legs, instruction manual included, \$800 obo. Call 661-6765.

San Antonio Texas

Mar 8

74°

Scattered T-Storms

Mar 9

54°

Showers

Mar 10

64°

Showers

Mar 11

68°

Few Showers

Mar 12

77°

Partly Cloudy

Mar 13

79°

Isolated T-Storms

Kabul Afghanistan

Mar 8

42°

Sunny

Mar 9

45°

Mostly Sunny

Mar 10

42°

Partly Cloudy

Mar 11

42°

Snow Shower

Mar 12

43°

Rain/Snow

Mar 13

45°

Showers

(Source: The Weather Channel at www.weather.com)

6 x 4.75 AD



6 x 4.75 AD

6 x 4.75 AD



6 x 4.75 AD

6 x 4.75 AD